

SUMMER TIME FUN!

ECMA'S Summer Camps

www.eastcoastmartialarts.com

Annapolis (410.268.1508) & Davidsonville (410.798.9696)

If your child is ready for a great summer camp experience, welcome to ECMA! We combine some of our most popular standard programs to mix up a batch of one week adventures that will thrill your children and give them new and meaningful experiences.

At ECMA's Summer Camp your children will have the chance to engage in a number of exciting activities, including:

Martial Arts

Tae Kwon Do	Karate	Capoeira
Bo Staff	Chambara	Nunchaka

Self Defense

Situation Awareness: How to avoid danger
Bully Busters Program: Dealing with a bully
Practical Self Defense: Escape and releases
Role Playing: Becoming street safe and smart

Life Skills

Focus	Discipline	Esteem
Courtesy	Respect	Integrity

Games and Drills

Dodge Ball	WarriorSport Games (WS)
Freeze Tag	WS-The Four Horsemen
Board Games	WS-Trojan War
Olympiad	WS-Hunt for the Black Pearl
Capture the Flag	WS-Quiddich
Obstacle Course	WS-Jedi Knights

AND MUCH MUCH MORE!

Register by April 15 and Save

After you have taken a moment to review the brief descriptions of ECMA's Summer Camp programs, call us right away to reserve your spot; pre-registration is critical to proper planning and will help to ensure the absolute best experience for all ECMA summer campers. Enroll your child by April 15 for \$249; after that registration is \$299. Availability is limited.

There's Something for Everyone with ECMA's 3-Track Program

ECMA's Success Camp teaches facets of Tae Kwon Do, Karate and other Martial Arts that your children are sure to enjoy. Most of your child's day will be involved with physical activity, exploring forms and drills central to the martial arts, and through creative gaming where children are encouraged to use what they've learned to excel. Your children can choose to join any of three tracks running at camp where they might engage in any of the activities listed.

In addition to martial arts training and game playing, all ECMA camps also offer Life Skills curriculum (Bully Busters and Street Smart Safety lessons) along with daily movies and crafts. We have packed too many cool things to mention, so enroll your child and let them check it out personally. Here's more on our Camps:

Specialty Camps For ECMA Members Only!

*AAU Camp *Get into the Competition!*

AAU camp is specially designed for ECMA students that want to compete. Sharpen your forms for competition and work on defensive and offensive skills for sparring. This is a great camp for those competing at Nationals or interested in joining the AAU team. Come see what competition is really all about!

**Black Belt Camp *An Exclusive for ECMA Upper Belts*

This camp is reserved for ECMA students only and is open to Brown Belt or higher. Red and Black Belts have until April 20th to register. After that, registration will be open to Brown Belts. Camp is limited to 30 people, 10 per instructor, so register early!

""camps for everyone""

WarriorSport Camp

The Camp of All Camps!

WarriorSport is an ECMA exclusive and is TONS OF FUN. We start with padded sword training (Chanbara) and add in a host of WarriorSport adventures.

(See some game descriptions below).
WarriorSport Camp will sell out quickly, so register early!

The Trojan War

Relive one of the most legendary battles from ancient history! Become a mythic hero like Achilles or Ajax and storm the walls of Troy, using ancient Greek weapons like the shield and spear. Or be a brave Trojan and defend your city from the invading Greek armies, using your swords, catapults and bows to keep them at bay.

Jedi Knight

Be a Jedi Knight like Obi-Wan Kenobi, Qui-Gon Jinn, Adi Gallia, Mace Windu or Luke Skywalker in all out Star Wars battles. Fight the lords of the dark side and face off against Darth Maul, the evil Count Dooku, and dark lord puppets General Grievous, Boba Fett and the army of the clones.

Dragon's Lair

Warriors travel from across the sea on a quest to snatch the king's treasure. They will return to their kingdoms as heroes if they can get past the dragon (played by an instructor). Student warriors wield nothing but a (padded) sword and a heart of courage, and must work as a team to be victorious.

See other descriptions at
www.eastcoastmartialarts.com

Success Camp

For Kids New to Martial Arts & Veterans!

This camp combines summer fun, adventure games, Karate and other Martial Arts training along with lot's of activities. Current ECMA students receive up to eight class credits toward personal class advancement for classes missed during the summer. New students may possibly be able to earn a white belt after two camps. This is a great way for current students to have fun during the summer, brush up on skills and catch up on classes. Non members can see how they like Martial Arts, and use this camp time as a testing ground to see if this is an activity they would like to continue with.



Here's More about the ECMA Summer Camp Program

Martial Arts: Children will enjoy learning the facets of Tae Kwon Do, Karate and other Martial Arts. We teach many types of Martial Arts, from all around the world. Students can elect to train in different styles, or concentrate on getting better at their regular system if they are currently a student.

Self Defense: Children will learn how to protect themselves verbally and physically.

Chanbara: (Specialty Padded Sword Program): Children will learn the techniques of the Samuari by practicing drills and playing fun games. This is a great team building experience too!

Life Lessons: Our life lessons component is central to our philosophy and concentrates on building life skills including courage, perseverance, self esteem, self control, self discipline and other important characteristics. Many of our les-

Summer Camp

Summer Fun Schedule

All Camps run 9am to 3pm Monday thru Friday for the weeks listed.



June 15-19	AAU Training Camp** <small>ECMA Members Only</small>	Annap.
June 22-26	WarriorSport Adventure	Annap.
June 22-26	Black Belt Camp*** <small>ECMA Members Only</small>	Dvdsnlv.
July 13-17	WarriorSport Adventure	Annap.
July 20-24	Black Belt Camp*** <small>ECMA Members Only</small>	Annap.
July 20-24	Karate/WarriorSport Camp	Annap.
Aug 3-7	Black Belt Camp*** <small>ECMA Members Only</small>	Dvdsnlv.
Aug 10-14	Karate/WarriorSport Camp	Annap.
Aug 17-21	Karate/WarriorSport Camp	Annap.

sons use story telling to set the tone and generate discussion, and helps students further understand and embrace these attributes. Coloring, word and other games are part of this experience.

Korean and Japanese Language Program: Children learn how to write their name and understand and speak key phrases of these languages.

Loads of Fun! Obstacle courses, dodge ball, tag and many other fun games and drills will be a major part of every day at ECMA Summer Camp. ECMA's focus on gaming is just one more way that we keep kids off the couch and as active as they can be. And, under the supervision of our staff, children get a better understanding of timing, sportsmanship, coordination, team building and the physical skills needed to excel in all aspects of life.

Questions? Call 410.268.1508

East Coast Martial Arts

Summer Camp Registration

NAME OF **1st PARTICIPANT** (First, Middle Initial, Last) _____
 AGE _____ CURRENT RANK _____
 Is participant a current ECMA student? Yes No
 If no, is there any previous experience? Yes No

T-Shirt Size (circle one) CHS CHM CHL ADS ADM

Does the 1st Participant have any physical limitations, allergies or other issues that ECMA should be aware of? Yes No

If yes, please list: _____

NAME OF **2nd PARTICIPANT** (First, Middle Initial, Last) _____
 AGE _____ CURRENT RANK _____
 If no rank, any previous experience? Yes No

T-Shirt Size (circle one) CHS CHM CHL ADS ADM

Does the 1st Participant have any physical limitations, allergies or other issues that ECMA should be aware of? Yes No

If yes, please list: _____

RESPONSIBLE PARENT/LEGAL GUARDIAN & PAYMENT INFO

NAME OF **RESPONSIBLE PARENT OR LEGAL GUARDIAN** (First, Middle Initial, Last) _____
 ADDRESS (Street Address, City, State, Zip) _____
 E-MAIL _____ Check which to call first:
 Cell Home/Office
 PHONE NUMBERS (cell) _____ (home/office) _____

Credit Card Payment Information Visa MC Discover

Card Number (if paying by credit card or attach check) _____ XP (MMYY) _____

Check if credit card billing information is the same as above. If not, please write correct info below.

NAME ON CARD AS IT APPEARS _____
 BILLING ADDRESS (Street Address, City, State, Zip) _____

PERMISSION AND AUTHORIZATION - SIGNATURE REQUIRED

By signing below, I hereby promise that I am the legal parent or guardian of the aforementioned "Participant(s)" and I authorize the "Participants" to participate in the East Coast Martial Art's Summer Camp program. Also, I (have attached a check / authorize the processing of my credit card) for payment of the TOTAL TUITION, noted on the right in the PAYMENT CALCULATOR. *Signature required for each form submitted.*

X _____ **X** _____
 PRINTED NAME OF LEGAL PARENT OR GUARDIAN SIGNATURE OF LEGAL PARENT OR GUARDIAN DATE

CHECK WHICH CAMP(S) TO ATTEND

All Camps run 9am to 3pm Monday through Friday for the weeks indicated.

1st PARTICIPANT 2nd PARTICIPANT Dates	Camp Theme	Location
<input type="checkbox"/> <input type="checkbox"/> June 15-19	AAU Training Camp** <i>ECMA Members Only</i>	Annap.
<input type="checkbox"/> <input type="checkbox"/> June 22-26	WarriorSport Advntr Cmp	Annap.
<input type="checkbox"/> <input type="checkbox"/> June 22-26	Black Belt Camp*** <i>ECMA Members Only</i>	Dvdsnlv.
<input type="checkbox"/> <input type="checkbox"/> July 13-17	WarriorSport Advntr Cmp	Annap.
<input type="checkbox"/> <input type="checkbox"/> July 20-24	Black Belt Camp*** <i>ECMA Members Only</i>	Annap.
<input type="checkbox"/> <input type="checkbox"/> July 20-24	Karate / WarriorSport Cmp	Annap.
<input type="checkbox"/> <input type="checkbox"/> Aug 3-7	Black Belt Camp*** <i>ECMA Members Only</i>	Dvdsnlv.
<input type="checkbox"/> <input type="checkbox"/> Aug 10-14	Karate / WarriorSport Cmp	Annap.
<input type="checkbox"/> <input type="checkbox"/> Aug 17-21	Karate / WarriorSport Cmp	Annap.

Please print and complete additional forms for more Participants. If Participant schedules vary, please complete a separate form.

- * Additional Fees will Apply
- ** AAU Team Members Only
- *** ECMA Black Belts and Candidates Only

Registration is Easy as 1-2-3

- 1 **Complete and sign this Form.**
- 2 **Be sure to sign** the "Assumption of Risk" release (see next page).
- 3 **Return the form** along with a check written in the amount of "TOTAL TUITION" noted below, or credit card payment information to:

East Coast Martial Arts
 ATTN: SUMMER CAMP PROGRAM
 PO Box 604
 Edgewater, MD 21037

TUITION CALCULATOR

Enter total number of camps
 Multiply by \$249 before April 15, '09
 Multiply by \$299 after April 15, '09
TOTAL TUITION-Payment Amount

Please note: Payment and all registration forms must be submitted in full before registration deadlines to qualify for early registration prices.

Call or Email with any inquiries

410-268-1508
410-798-9696

admin@eastcoastmartialarts.com V06-09/03

East Coast Martial Arts

Assumption of Risk

1925 Lincoln Drive
Annapolis, MD 21401
(410) 268-1508.

1251-E West Central Ave
Davidsonville, MD 21035
(410) 798-9696

admin@eastcoastmartialarts.com

SPECIAL NOTICE REGARDING FOOD

Due to the concerns dealing with food allergies and individual diet preferences, campers are to bring their own lunch and snack.

Please be sure to pack the appropriate items for your child each day; please avoid any perishable foods.

THANK YOU FOR CHOOSING ECMA

Please complete and submit the two forms (Summer Camp Registration and Assumption of Risk) as soon as possible to reserve your spot in one or more of our summer camps—registration is limited and is ultimately necessary for preparation and planning purposes.

Note: Please double check to be sure correct dates and locations have been selected for your child's camp. Alterations to the schedule may be made based on demand.

After you complete and submit the Registration and Assumption of Risk forms you will receive a call from one of our staff to confirm the details of your registration and answer any questions you may have. We look forward to seeing your camper this summer and thank you for your interest in our program.

Please read the following before signing below.

I (parent or legal guardian) _____
hereby give permission for my child(ren):

1st Participant _____

2nd Participant _____

(hereby referred to as "Participants") to attend camp at East Coast Martial Arts. By signing this waiver form, I acknowledge and understand that the Participant will be voluntarily engaging in activities that may involve contact and the risk of serious injury, permanent disability or death, and may cause severe social or economic losses due to not only my own actions, inactions, or negligence, but also to the action, inactions or negligence of
the Participant or other Participants;
or Instructors, Volunteers and other employees of East Coast Martial Arts;
or Others or conditions of the premises or of any equipment used.

Further, I agree that I will not, nor will anyone acting on behalf of the Participant claiming by or through me or the Participant, bring or maintain any suit in Court to assert any claim against East Coast Martial Arts, Inc. and/or any instructors/assistant instructors, volunteers or other East Coast Martial Arts, Inc. Employee for any claim that might arise out of participation in any activities performed by, directed by or endorsed by East Coast Martial Arts, Inc. or the instructors/assistant instructors. Finally, the Participant understands that all physical activities are optional and he or she may refuse participation in the activity at any time.

Parent/Legal Guardian Name (Printed): **X** _____

Parent/Legal Guardian Signature: **X** _____

Date: **X** _____

For Office Use

Notes: